

I am BRAVE

I am STRONG

I can do
HARD things

I NEVER give up

I am KIND

I am WORTHY

I am so LOVED

I am CREATIVE

I am **CARING**

I **BELIEVE** in
myself

I am **HELPFUL**

I am **SMART**

I'm going to
make today a
GREAT one

I make the world
a **BETTER** place

I am **HONEST**

My ideas are
IMPORTANT

I am **ENOUGH**

I am **PROUD** of
myself

I can get through
ANYTHING

I am **VALUABLE**

I am **PERFECT** just
the way I am

I am **UNIQUE**

I am a good
FRIEND

I am **RESILIENT**

I am
TRUSTWORTHY

I am **PATIENT &
UNDERSTANDING**

I have a great
MEMORY

I am
EXTRAORDINARY

I am a
HARD WORKER

I am **CONFIDENT**

I am **FUNNY**

I am **NOT** afraid
to ask for help

I am **CURIOUS**

I am **NOT** alone

I am an active
LISTENER

It is **OKAY** to
make mistakes

I am a **LEADER**

I do my **BEST**

I **FORGIVE** myself
for my mistakes

I **LEARN** from
my mistakes

I can achieve
ANYTHING

My feelings
MATTER

I am **BEAUTIFUL**

I have a great
IMAGINATION

I **LOVE** myself

I am **GRATEFUL**

I am **IMPORTANT**

I am **COURAGEOUS**

I am **RESPECTFUL**

I do the **RIGHT**
thing

I **CONTROL** my
own happiness

I **STAND UP** for
what I believe

Every day is a
FRESH START

When I fall I
get **BACK UP**

I can **CHANGE**
the world

Today I will
spread **POSITIVITY**

I am a **GREAT**
sister/brother

I'm **LEARNING &**
GROWING at my
own pace

I am surrounded
by **LOVE & SUPPORT**

I am a **GOOD**
student

I can **SOLVE**
problems

I am **SPECIAL** in
my own way

I am a **GREAT**
teammate

My voice
MATTERS

I am **THOUGHTFUL** &
CONSIDERATE of other
people's feelings

I lend a hand to
those in need

It's **OKAY** to not
know everything

I deserve
HAPPINESS

I can do things
without being
asked

I have what it
takes

Not everything goes
according to plan
and that is **OKAY**

My feelings
are **REAL**

I **INCLUDE** others

I am **GENEROUS**

My brain is
POWERFUL

Whatever I do,
I do my **BEST**

I will **CHALLENGE**
myself

I **SUPPORT** and
LIFT others up

I spread
KINDNESS

I **TRUST** myself to
make good
decisions

Today, I will look
at the **BRIGHT** side
of things

I will do my
BEST today

There is **NO ONE**
else in this world
exactly like me

I am **MOTIVATED**

Challenges make
me **STRONGER**

The world is a
BETTER place
with me in it

I am **TALENTED**

I am **DETERMINED**

I am
RESOURCEFUL

I am **FUN** to be
with

I am
ADVENTUROUS

I won't let
my fears
hold me back

I can handle
ANYTHING that
comes my way

My dreams are
ACHIEVABLE

I am **READY**
for today

I can **LEARN**
anything

NOTHING is
impossible for me

My success is
up to **ME**

My mistakes help
me **LEARN & GROW**

I'm human and we
ALL make mistakes

Today I am
going to **SHINE**

I choose to think
POSITIVELY

I treat others
with **RESPECT**

I am a **PROBLEM**
SOLVER who finds
solutions

I have a
HEART OF GOLD

I am **OPEN** to
new ideas

I am **ARTISTIC**

I'm a **GOOD SPORT**,
win or lose

NOTHING can
stop me

I set a **GREAT**
example for others

I am someone
people **LOOK UP** to

I can accomplish
ANYTHING I set
my mind to

I am **CLEVER**

I make **GREAT**
observations

I **LOVE** the person
I am becoming

I don't compare myself
to others because
we're all **UNIQUE**

The things that make
me different are the
things that make me **ME**

I have so much
to **OFFER**

I **BELONG**

It's **OKAY** to have
hard days

I am **ALLOWED** to
take up space

I treat myself
with **KINDNESS**

I have **BIG** dreams

I don't need to
change for
ANYONE

I am **CAPABLE**

I am **POWERFUL**

I am **FORGIVING**

There is **NO LIMIT**
to my potential